

ANCHORAGE YACHT CLUB

RACE INSTRUCTIONS - THURSDAY SERIES 2010

All races will be governed by the 2009- 2012 Racing Rules of Sailing by ISAF and the rules of the LMPHRF except as altered by the following sailing instructions. **Anchorage Yacht Club recommends wearing Personal Flotation Devices (PFD's) during all races.**

- 1) **SCHEDULE:** The race series is sixteen weeks and begins Thursday, May 27th and continues through Thursday, September 9th. (A practice race will be held on Thursday, May 20st)
- 2) **ENTRIES:** Sailing yachts may be entered by completing the registration and rating form and paying the series-racing fee.
- 3) **NOTICES:** Notices to competitors (if any) will be posted on the AYC web site (www.anchorageyachtclub.com) and/or announced on VHF channel 69 prior to the start of that evening's race.
- 4) **CHANGES:** Any change in the sailing instructions will be posted on the AYC web site at least 24 hours before the day that they will take effect. Oral changes may also be made prior to the start of the race if deemed advisable and necessary following the hoisting of the **Code Flag "L"**.

5) SIGNALS

A) BY THE COMMITTEE BOAT:

| <u>FLAG</u> | <u>Color and marking</u> | <u>Signal</u> |
|----------------------------|---------------------------|--------------------------------|
| X | White with a blue cross | Individual recall |
| 1 st Substitute | Blue with yellow triangle | General recall |
| AP | Red with white stripes | Postponement |
| N | Blue and white checkers | Race Abandoned |
| P | Blue with white square | Preparatory signal |
| S | White with blue square | Shortened course |
| L | Yellow and black | Come within hail of this boat. |
| 1 | White with a red circle | |
| 2 | Blue with white circle | |
| 3 | Red white and blue | |
| 4 | Red with a white cross | |
| 5 | Yellow and blue | |
| 6 | Black and white stripes | |
| 7 | Yellow and red stripes | |
| 8 | White with a red cross | |

B) BY OTHER:

| | | |
|----|------------------------|-----------|
| NR | Bright green rectangle | New Racer |
|----|------------------------|-----------|

C) INDIVIDUAL RECALL “X” Flag:

Any boat over the starting line prematurely must restart or be scored Did-Not-Start (DNS). The committee boat will signal one horn blast and hail the boat by sail number or boat name over the VHF radio, Ch. 69, and the Hailer. The recalled boat must keep clear of all other boats that have started or are starting correctly. If the boat does not hear the committee boat hail and fails to restart, the boat will receive a DNS for that race. To restart use rule 30.1 “Round-an-End Rule”. DO NOT SAIL BACK THROUGH THE STARTING LINE.

D) GENERAL RECALL 1st Substitute” Flag:

All boats must restart. Signal will be all or any of the following: two short horn blast; by Hailer; announcement over the VHF radio, Ch. 69.

E) POSTPONEMENT "AP" Flag:

Can be done at anytime before a start. Signal will be the following: two long horn blasts and an announcement over the VHF radio, Ch. 69.

F) ABANDONMENT "N" Flag:

Can be done at anytime during the race. Signal will be all or any of the following: three long horn blasts; by voice or Hailer; general announcement over the VHF radio, Ch. 69.

G) CANCELLATION:

Can be done anytime prior to start of race. Signal will be same as abandonment above.

H) SHORTENED COURSE “S” Flag:

A shortened course will be announced over the VHF radio, Ch. 69 with “S” Flag flown.

6) STARTING TIMES:

| <u>Class flags</u> | <u>Warning</u> | <u>Prep flag up</u> | <u>Prep flag down</u> | <u>Start</u> |
|---------------------|----------------|---------------------|-----------------------|--------------|
| First Start | 18:40 hrs | 18:41 hrs | 18:44 hrs | 18:45 hrs |
| Second Start | 18:45 hrs | 18:46 hrs | 18:49 hrs | 18:50 hrs |

Additional starts as needed.

Note: Starting times will be 30 minutes earlier for Thursday night races in September (Sept 2nd and Sept 9th)

7) STARTING AREA:

Since there are multiple starts; boats starting in later sections are not to interfere with boats in earlier starts. The starting area is defined as an area extending one half the length of the starting line at both sides of the starting line and extending one half the length of the starting line beyond each end of the starting line. After the warning signal for the first start, all boats that are not starting (or have already started) are required to:

1. Stay outside the starting area so as to not interfere with boats that are starting
2. Stay out of the triangle area defined by the starting line and the weather mark.

3. The “I” flag rule is always in effect, even if the flag is not flown by the committee boat. Any yacht that is on the course side of the starting line less than one (1) prior minute to their start must clear themselves by sailing around the ends of the starting line.

Violators are subject to protest by the committee boat and racers.

8) **RACING COURSE:**

The course will be one of A-F (refer to end of the SI’s) and set by the race committee. Spinn and JAM section may run different courses. The start/finish line will be between the Race Committee boat moored to the ‘C’ mark, and an inflatable buoy. It will run to a mark directly upwind of the C mark (refer to course diagram). Long or short courses will be determined by the race committee. Leave all marks to port except when finishing. On the final leg the racers should finish between the inflatable buoy and committee boat. **Refer to the course diagrams for the correct direction to finish for the course selected.**

*****For safety reasons the start finish/line is closed and should be treated as an obstruction. Yachts are not to pass between the starting pin and the committee boat unless starting, finishing or the starting pin is a rounding mark of the current leg of its course. Boats violating this obstruction may perform a 720 turn to clear their infraction*****

9) **IDENTIFICATION - CHECK IN:**

Racing yachts shall check in by hailing the committee boat prior to the start of the race and at the finish. It is the responsibility of each skipper to make sure that his/her boat is properly identified. In addition, each skipper is responsible for recording the actual finish time of their yacht and if possible the yacht directly ahead and astern. (This information is to be available to the race committee upon request). **If a racer does not check in, then they do not get scored and receive a Did-Not-Compete (DNC). The VHF radio is not an acceptable means of checking in. Boats in the second start please stay out of the starting box and to windward of the starting area during the first start.**

10) **RADIO: General use of the radio (channel 69) is considered a courtesy and designated use for the Committee boat and Race Chairman only except for the following:**

- a) Notification of an emergency or danger;
- b) Notification of withdrawal from the race;
- c) Notification of filing a protest;
- d) Notification of acceptance of alternate penalty;
- e) A response to a specific committee boat request directed to your boat or to the fleet in general.

11) **THE FINISH:**

The finish line is the invisible line (vertical plane) between the Race Committee boat’s flag and the finish mark.

12) **TIME LIMITS THURSDAY SERIES:**

The time limit, to round the first mark, will be set at the discretion of the committee boat. If the committee boat determines that a first mark rounding time limit will be in effect, the time limit will be communicated on channel 69. The time limit will be for any boat in the

fleet, not individual sections, to round the first mark. If a boat, from any section, rounds the first mark within the time limit, the race will continue for all sections. If no boat rounds the mark within the time limit the race is abandoned for all sections. (The time limit will usually be 1 hour after the last start. However this time limit may be adjusted up or down at the discretion of the committee boat)

No yacht will be scored after 2 ½ hours has elapsed from the time of the last start. Yachts not finishing within 2 1/2 hours of the last start will be scored as Did-Not-Finish (DNF). If no yacht completes the course within 2 ½ hours of the last start, the race is abandoned.

13) **PROTESTS:**

The protester must (as soon as possible after the incident occurs); 1) hail the skipper being protested immediately; 2) fly a red (protest) flag; and, 3) notify the race committee boat of the pending protest. Protests shall be written on an **official protest form** and lodged within **one hour** after the committee boat docks. The protest committee Co-Chair will attempt to hear protests the same day. If the hearing cannot be held the same day, the hearing will be scheduled no later than 14 days after the incident. Race results will be re-scored, as necessary, based on decisions of the protest committee.

14) **SCORING:**

The low point scoring system will be used. 1 point for first, 2 points for second, 3 points for third, etc. The number of races scored in the series is as follows:

| <u>Races completed in series</u> | <u>Races scored for each boat</u> |
|----------------------------------|-----------------------------------|
| 15 - 16 | 8 |
| 13 - 14 | 7 |
| 11 - 12 | 6 |

In the event of Disqualification (DSQ) from a given race, throwing that race out will be allowed or disallowed in accordance with ISAF Rule A1.3. A yacht that realizes that she has infringed a rule shall either retire promptly or accept an alternate penalty when so prescribed in the sailing instructions (See #15 below). A DSQ can't be thrown out if it was the result of a collision, which caused damage.

SPECIAL NOTE: Each skipper must serve once during the season, the skipper must be present on the committee boat and the skipper's boat must not participate in that race. Failure to serve will result in a DSQ of your best race of the season and that DSQ will be counted as one of your races for the season total.

15) **ALTERNATE PENALTIES:**

For breaking a rule of ISAF Part 2 "When boats Meet" use rule 44, Two-Turn Penalty (two tacks and two gybes, performed as one continuous motion in same direction). For touching a mark, use rule 31 One-Turn Penalty (one tack and one gybe). Racers shall be held to the standards of sportsmanship and fair sailing under Basic Principles and Part 1 Fundamental Rules.

16) **AUXILIARY POWER:**

Yachts are considered to be racing after the preparatory signal, for their respective starts, and must be under sail power only, at the time the preparatory signal is made. (Four minutes prior to their section's start)

17) **WITHDRAWING:**

Yachts Withdrawing (WDR) from the race are required to notify the race committee.

18) **LMPHRF CERTIFICATES:**

A current PHRF certificate is recommended for all yachts. Yachts not having a current certificate will be assigned an average "book" rating less a six second penalty. There will be no retroactive favorable adjustment of this rating for races completed prior to submittal of a valid PHRF certificate. Anchorage Yacht Club will from time to time apply certain modifications to PHRF as determined by the Race Committee.

19) **WHISKER POLES** (rule 50.2):

Only one whisker or spinnaker pole (length not to exceed the "J" measurement on your PHRF certificate) shall be used at one time. When in use it must be attached to the foremost mast and may be carried on the same side or the opposite side of boat on which the boom has been set. Poles that can be extended beyond the "J" length must be banded to indicate the maximum proper length. No handheld poles or devices allowed.

20) **HEAD SAILS:**

Spinnakers (asymmetrical spinnakers, cruising spinnakers, bloopers or gennakers) are only allowed by boats registered within a AYC spinnaker section. A staysail with a tight luff may be used subject to LMPHRF regulations. On leeward legs two headsails may be used by the JAM section boats, but only one headsail can be hoisted in the headfoil.

21) **SKIPPERS MEETING:**

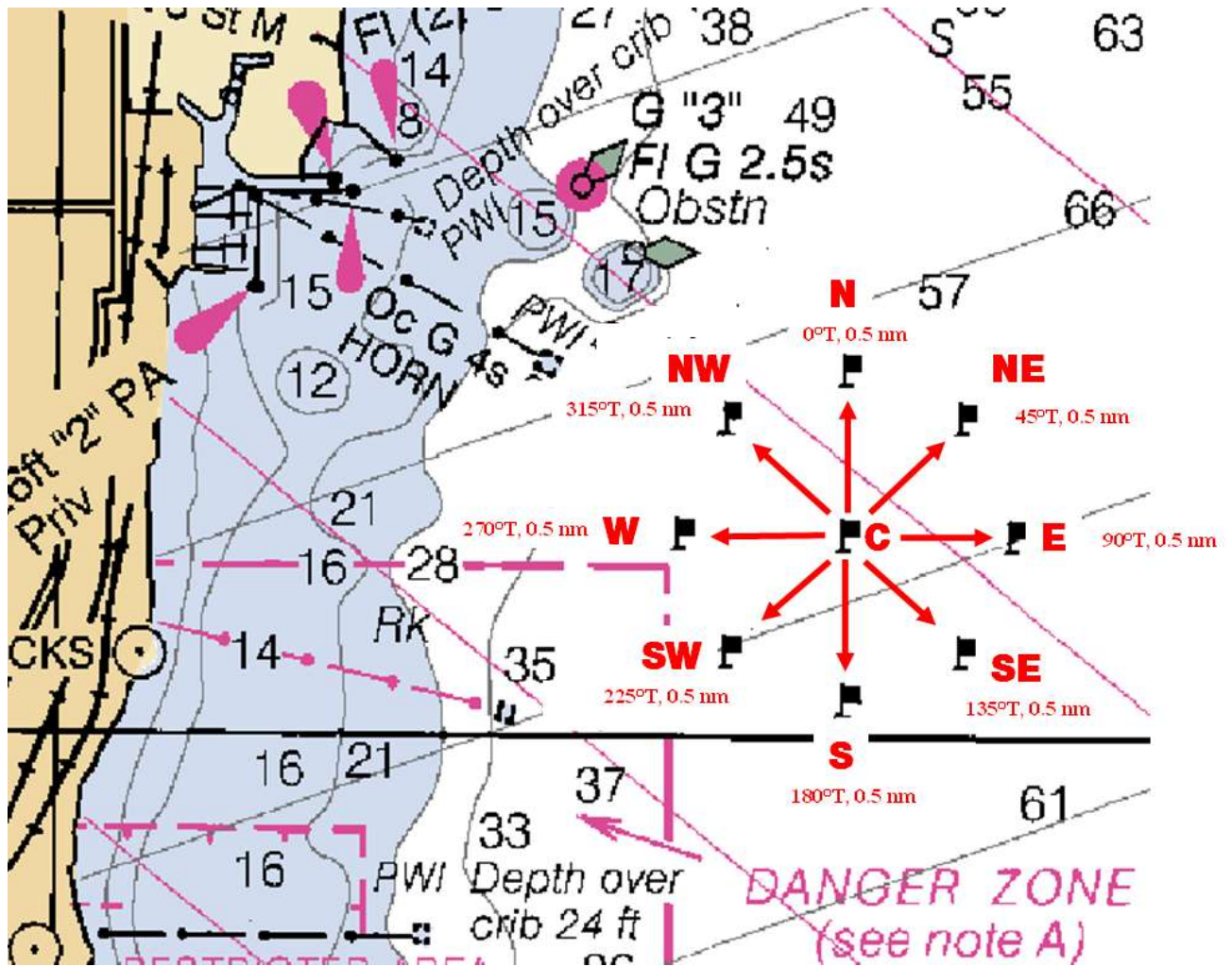
Meetings are schedule at the beginning of the race series or race event. Additional meetings will be scheduled as required. If necessary, a general notice will be made of the meeting time and date.

22) **ELIGIBILITY:**

Yacht owners/skippers are not required to be members of Anchorage Yacht Club to race with Anchorage Yacht Club. At least four (4) registered yachts are required to form a section. Registrations for Yachts with less than 4(four) within a section will not be accepted and the entry fee returned. Registrations must be complete and entry fee(s) paid before yachts are eligible to participate. Payment of the entry fee is required before a boat will be scored in a race. Other boats may race at special invitation by the race committee chairman.

23) **NEW RACERS "NR" flag:**

New racers may request a NEW RACER FLAG (to be flown on the backstay). It is expected that other racers give them the benefit of the doubt, by hailing them with helpful assistance on rules and tactics.

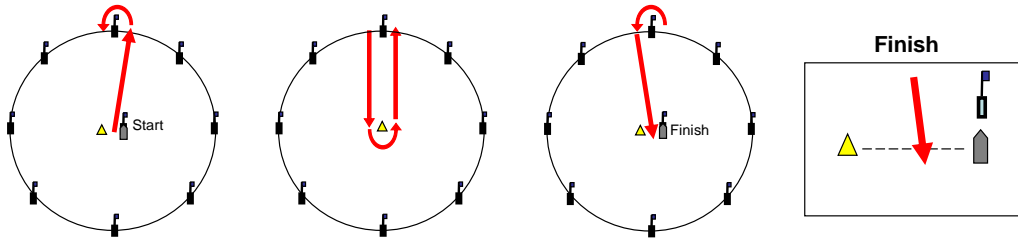


MARK COORDINATES

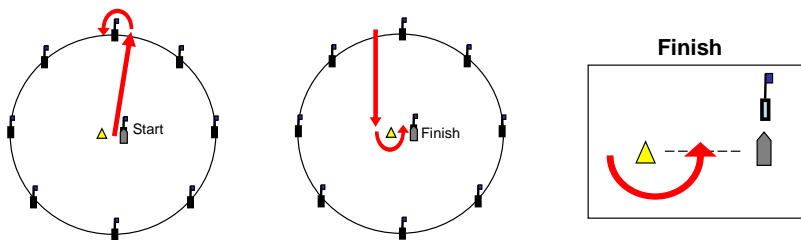
| Buoy Identifier | Latitude (DD MM.MMM) | Longitude (DD MM.MMM) |
|------------------------|---------------------------------|----------------------------------|
| C | 42 20.580 | 87 46.784 |
| N | 42 21.080 | 87 46.784 |
| S | 42 20.080 | 87 46.784 |
| E | 42 20.580 | 87 46.107 |
| W | 42 20.580 | 87 47.460 |
| NW | 42 20.934 | 87 47.262 |
| NE | 42 20.934 | 87 46.307 |
| SW | 42 20.226 | 87 47.262 |
| SE | 42 20.226 | 87 46.307 |

Courses:

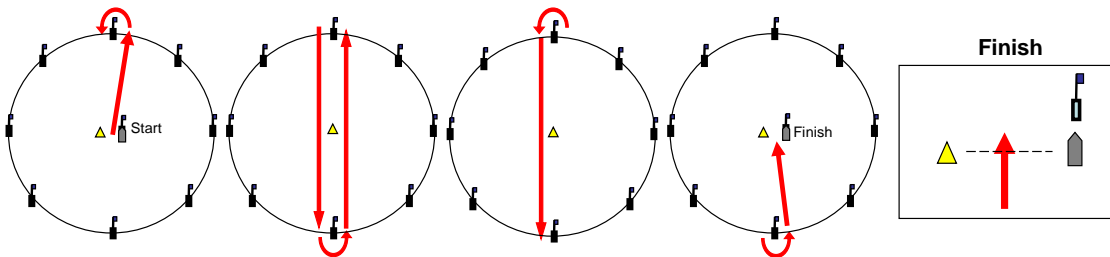
Course ALPHA (Long) 2 nm



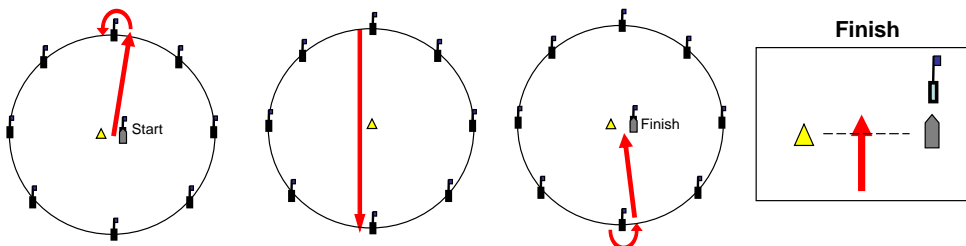
Course ALPHA (Short) 1 nm



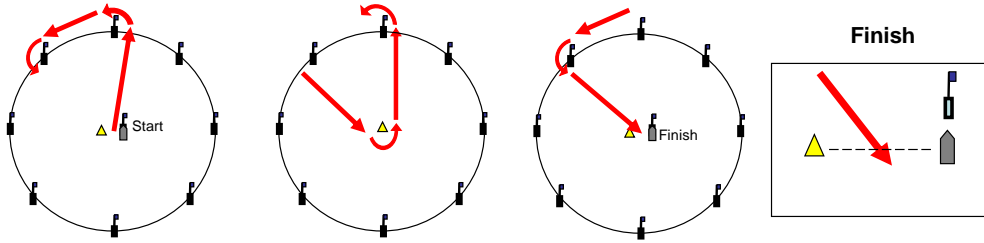
Course BRAVO (Long) 4 nm



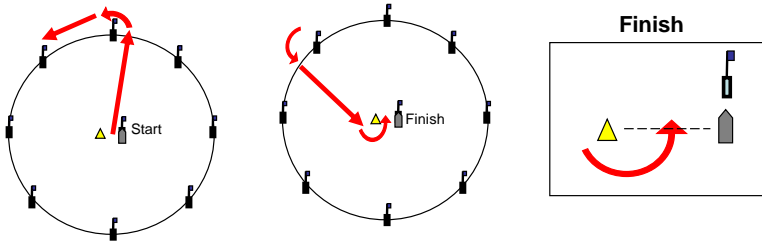
Course BRAVO (Short) 2 nm



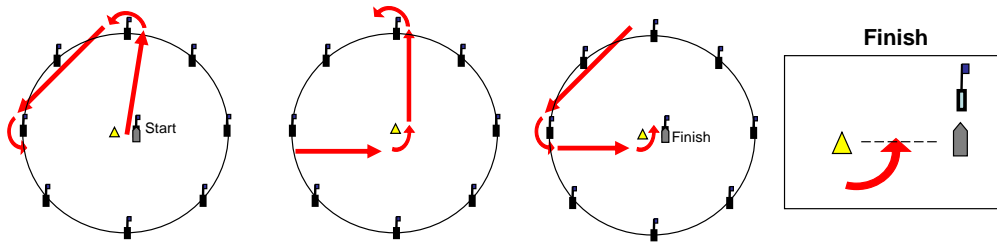
Course CHARLIE (Long) 2.76 nm



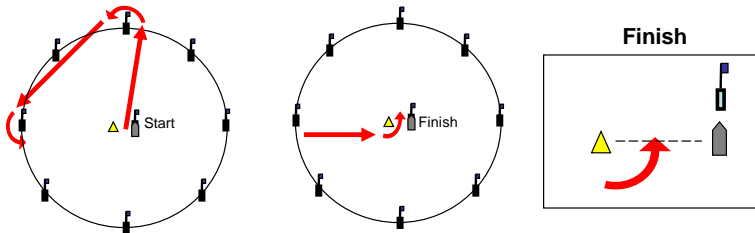
Course CHARLIE (Short) 1.38 nm



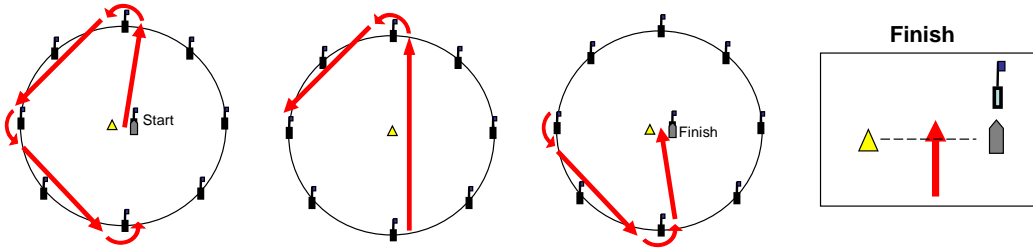
Course DELTA (Long) 3.42 nm



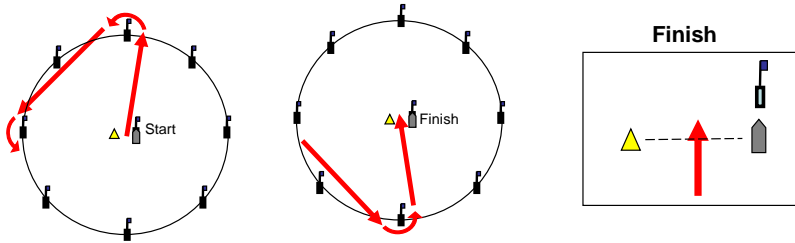
Course DELTA (Short) 1.71 nm



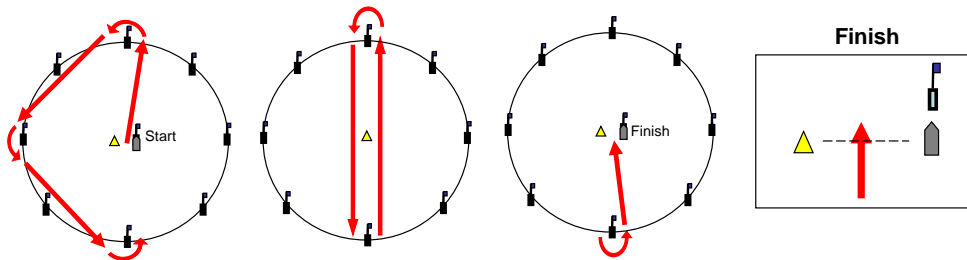
Course ECHO (Long) 4.8 nm



Course ECHO (Short) 2.4 nm



Course FOXTROT 4.4 nm



Race Signals

The meanings of visual and sound signals are stated below. An arrow pointing up or down (↑ ↓) means that a visual signal is displayed or removed. A dot (•) means a sound; five short dashes (-----) mean repetitive sounds; a long dash (—) means a long sound. When a visual signal is displayed over a class flag, the signal applies only to that class.

Postponement Signals



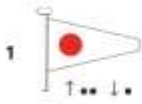
AP Races not started are postponed. The warning signal will be made 1 minute after removal unless at that time the race is postponed again or abandoned.



AP over H Races not started are postponed. Further signals ashore.



AP over A Races not started are postponed. No more racing today.



1

↑ •• ↓ •



2

↑ •• ↓ •



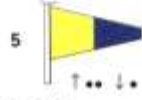
3

↑ •• ↓ ••



4

↑ •• ↓ •



5

↑ •• ↓ •



6

↑ •• ↓ ••

AP over a numeral pennant 1-6

Postponement of 1-6 hours from the scheduled starting time.

Abandonment Signals



N All races that have started are abandoned. Return to the starting area. The warning signal will be made 1 minute after removal unless at that time the race is abandoned again or postponed.



N over H All races are abandoned. Further signals ashore.

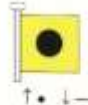


N over A All races are abandoned. No more racing today.

Preparatory Signals



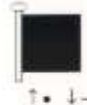
P Preparatory signal.



I Rule 30.1 is in effect.



Z Rule 30.2 is in effect.



Black flag Rule 30.3 is in effect.

Recall Signals



X Individual recall.



First Substitute General recall. The warning signal will be made 1 minute after removal.

Course Change Signals



S The course has been shortened. Rule 32.2 is in effect.



C The position of the next mark has been changed.

Other Signals



L Ashore: A notice to competitors has been posted. Afloat: Come within hail or follow this boat.



M The object displaying this signal replaces a missing mark.



Y Wear personal buoyancy.



Blue flag or shaps. This race committee boat is in position at the finishing line.